

Grade 7, Lesson 1

Name: \_\_\_\_\_

**VOCABULARY** **Adolescent** (n.) a young person developing from a child to an adult

**WARM-UP**

I think I  can  can't get better at these things because \_\_\_\_\_.

**THINK, TURN, TELL**

\_\_\_\_\_ wasn't very important to me when I was younger, but now it is.

**VIDEO GUIDE**

Three things I can learn from the *Second Step* Program are:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**CLASS DISCUSSION**

Two ways my brain is changing as I get older are:

1. \_\_\_\_\_ 2. \_\_\_\_\_

**ACTIVITY**

**PART 1:** Check a box to rate how important each topic is to you; 5 means very important and 1 means not at all important.

Growing, academically and socially	<input type="checkbox"/> 5	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
Building strong friendships	<input type="checkbox"/> 5	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
Managing thoughts and emotions	<input type="checkbox"/> 5	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
Handling conflicts and getting along with others	<input type="checkbox"/> 5	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1

**PART 2:** My partner and I disagreed on \_\_\_\_\_  
because \_\_\_\_\_.

**WRAP-UP**

Use the back of this paper to complete your sentences, mini-poster, or poem.